



सत्यमेव जयते

**Embassy of India
Jakarta**

PRESS RELEASE

4th International Day of Yoga Celebrations in Jakarta

The 4th International Day of Yoga (IDY) was celebrated with much enthusiasm at Taman Menteng, Central Jakarta, Indonesia on 23 June 2018. Around 1500 yoga enthusiasts from all walks of life participated in the celebration. The event started at 6.30 AM with reading out of the message of Hon'ble Prime Minister of India on the occasion of 4th International Day of Yoga. This was followed by reading out of a message from the Minister of Tourism, Government of Indonesia, H.E. Mr. Arief Yahya, which was delivered by Mr R. Sigit Witjaksono, Director of Tourism Marketing for Southern & Central Asia, Middle East, Africa. While thanking the participants for coming in large numbers, Ambassador Mr. Pradeep Kumar Rawat spoke briefly about Yoga and its benefits to the health and happiness of an individual which culminates into a positive impact on the society. He also expressed his gratitude to the Ministry of Tourism of Indonesia for collaborating with the Embassy for this event. Thereafter, Yoga Gurus from India and the leading Yoga Schools of Jakarta led the gathering to perform the Common Yoga Protocol.

Apart from large number of locals, Indonesian officials, members of diplomatic missions & international bodies and Indian diaspora participated in the event. Prominent Yoga Schools and Gurus which partnered with the Embassy in organizing this event were Celebrity Yoga Instructor Mr. Anjasmara Prasetya, Love Peace Yoga, Celebrity Fitness, Yoga Gembira, Cibubur Yoga, Anand Ashram, Indonesia Yoga School and Sarisha Yoga.

The celebration of the 4th International Day of Yoga in Indonesia was co-sponsored by Tata Group of Companies, Allana Sons Private Limited, TVS Motor and Ispat Indo. The Jakarta Post, leading English Daily of Indonesia published a special feature on Yoga in their 22nd June edition.

The Embassy of India commemorated the 4th International Day of Yoga in different cities of Indonesia in past couple of months to spread awareness about the importance and benefits of yoga among Indonesians, such as at Muhammadiyah University, Malang on 22 April, at One Earth Meditation Retreat Centre, Bogor on 28 April, at Halaman Kantor Balai Kota, Yogyakarta on 5 May, at Anand Ashram Ubud, Bali on 16 June & at Renon Park, Denpasar, Bali on 17 June and Singapore National Academy, Surabaya on 21 June. Similar yoga events will be held in Medan on 24 June, at Prambanan Temple Complex, Yogyakarta on 24 June, at Dili, Timor Leste on 30 June, at Bandung on 1 July and at Airlangga University, Surabaya on 10 August.

Jakarta
23 June 2018



Ambassador Pradeep Kumar Rawat addressing the participants of the 4th International Day of Yoga 2018



Yoga Gurus from India and the prominent Yoga Schools of Jakarta leading the participants to perform the Common Yoga Protocol



Participants performing yoga



Ambassador Pradeep Kumar Rawat and his spouse with dignitaries and yoga partners
