|  |  |
| --- | --- |
| http://www.indianconsulate-sf.org/images/ashokachkra.gif | EMBASSY OF INDIAKUWAIT |

**Press Release**

The 3rd International Day of Yoga – 2017 was celebrated in Indian Embassy’s premises on Saturday, 17 June 2017 from 0630-0930 hrs. Prominent Yoga organizations in Kuwait, namely, Art of Living, Harmony House, Heartfulness, Sevadarshan, Amma Kuwait and Artistic Yoga participated in the celebrations. Video clip of Hon’ble Prime Minister’s message and the 2017 Common Yoga Protocol was streamed on LED TV screens arranged in the premises. A gathering of around 250 persons participated in various Yoga asanas performed by Amma Kuwait and Sevadarshan. In addition, meditation and Pranayama sessions were held at the Embassy auditorium. The event concluded with recital of Shanti Mantras by school children.

2. As part of International Yoga Day and to create greater awareness all, Indian Embassy has commenced posting Online Quiz on it social media pages in Facebook and Twitter from 18-22 June 2017. Some photographs of the event are attached.

\*\*\*\*\*\*\*