



**Embassy of India  
Tunis, Tunisia**

## **Press Release**

### **Yoga practice begins in Tunis towards the International Day of Yoga**



The first class of the special week-long course of Yoga was held on 16<sup>th</sup> June 2015 at the Centre Culturel et Sportif des Jeunes, Menzah, Tunis. Mr. Ravishankar Mani Pandey, Yoga teacher from India, conducted the session with a large group of young Tunisians. Ms. Sihem Belkhouja, the foremost contemporary dancer and dance choreographer of Tunisia was also present at the session with some of her students. Mrs. Nagma M. Mallick, Ambassador of India to Tunisia gave a brief introduction to Yoga and the message of the International Day of Yoga to the class before it began.

The Centre Culturel et Sportif des Jeunes is the foremost cultural centre of the Ministry of Youth and Sports, Government of Tunisia, which is associated with the Embassy of India in Tunisia in celebrating the International Day of Yoga here.

\*\*\*\*\*

17<sup>th</sup> June, 2015  
Tunis